

Laura Clemesha

Associate



“I am passionate about supporting organisations to become places where everyone can bring their whole selves to work.”

Expertise:

Organisational Psychology & Change
Psychology & Behavioural Change
High Performing Teams
Diversity, Equity & Inclusion
Leadership Development
Mental Well-Being
Stakeholder Engagement
Coaching
Facilitation

Qualifications:

Master of Organisational Psychology
(University of Queensland)
Bachelor of Psychological Science (Hons,
University of Queensland)

Laura is a psychologist, a former elite athlete, and a passionate advocate for making Diversity, Equity and Inclusion “business as usual” within organisations.

A serving member of the Queensland Firebirds netball team from 2013-2019, Laura learnt the importance of teamwork firsthand, on and off the court. When it comes to diversity, group dynamics, collaborative leadership styles and a strengths-based approach to help get the best out of people and teams, Laura draws clear parallels between sport and business. Her work in leadership, team development, cultural transformation and process improvement is brought to life by real strategies, plays and stories from her sporting career.

Laura combines hands on experience with deep expertise in human and organisational behaviour. Along with completing degrees in organisational psychology and psychological science, Laura has worked as a consultant with diverse organisations in government, health, mining and education. One career highlight has been creating an intensive course for University of Queensland’s International Development Group, supporting Sri-Lankan and Pakistani women to learn fundamental coaching attributes through the applied lens of foundational netball skills.

At Performance Frontiers, Laura hopes to have the broadest impact possible around the value of diversity and inclusion. She wants to equip leaders with mindsets, skills and capacities that help them create workplaces of the future, where team members from all walks of life feel welcomed, capable, excited and fulfilled. She intends to translate her expertise in therapeutic interventions to enhance executive coaching, and help our clients become the people they want to be.