

BOOK LIST

1. Gothelf, Jeff. 2017. "Lean Vs. Agile Vs. Design Thinking"

As companies evolve to adopt, integrate and leverage software as the defining element of their success in the 21st century, a rash of processes and methodologies are vying for their product teams' attention. In the worst of cases, each discipline on these teams -- product management, design and software engineering -- learn a different model. This short, tactical book reconciles the perceived differences in Lean Startup, Design Thinking and Agile software development by focusing not on rituals and practices but on the values that underpin all 3 methods.

2. Jaworski, Joseph. 1999. "Synchronicity: The Inner Path of Leadership"

Synchronicity is an inspirational guide to developing the most essential leadership capacity for our time: how we can collectively shape our future. Through the telling of his life story, Jaworski posits that a real leader sets the stage on which "predictable miracles," seemingly synchronistic in nature, can - and do - occur. He shows that this capacity has more to do with our being - our total orientation of character and consciousness - than with what we do. Leadership, he explains, is about creating - day by day - a domain in which human beings continually deepen their understanding of reality and are able to participate in shaping the future. He describes three basic shifts of mind required if we are to create and discover an unfolding future - shifts in how we see the world, how we understand relationships, and how we make commitments - and offers a new definition of leadership that applies to all types of leaders.

3. Kotter, John. 1996. "Leading Change"

John Kotter's now-legendary eight-step process for managing change with positive results has become the foundation for leaders and organizations across the globe. By outlining the process every organization must go through to achieve its goals, and by identifying where and how even top performers derail during the change process, Kotter provides a practical resource for leaders and managers charged with making change initiatives work. Needed more today than at any time in the past, this immensely relevant bestselling business book serves as both visionary guide and practical toolkit on how to approach the difficult yet crucial work of leading change in any type of organization. Reading this highly personal book is like spending a day with the world's foremost expert on business leadership. You're sure to walk away inspired—and armed with the tools you need to inspire others.

4. Laloux, Frederic and Ken Wilber. 2014. "Reinventing Organizations: A Guide to Creating Organizations Inspired by the Next Stage of Human Consciousness"

The way we manage organizations seems increasingly out of date. Deep inside, we sense that more is possible. We long for soulful workplaces, for authenticity, community, passion, and purpose.

In this groundbreaking book, the author shows that every time, in the past, when humanity has shifted to a new stage of consciousness, it has achieved extraordinary breakthroughs in collaboration. A new shift in consciousness is currently underway. Could it help us invent a more soulful and purposeful way to run our businesses and nonprofits, schools and hospitals?

A few pioneers have already cracked the code and they show us, in practical detail, how it can be done. Leaders, founders, coaches, and consultants will find this work a joyful handbook, full of insights, examples, and inspiring stories.

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5. Liedtka, Jeanne, Andrew King and Kevin Bennett. 2013. "Solving Problems with Design Thinking: Ten Stories of What Works"

*Design-oriented firms such as Apple and IDEO have demonstrated how design thinking can directly affect business results. Yet most managers lack a real sense of how to put this new approach to use for issues other than product development and sales growth. Solving Problems with Design Thinking details 10 real-world examples of managers who successfully applied design methods at 3M, Toyota, IBM, Intuit, and SAP; entrepreneurial start-ups such as MeYou Health; and government and social sector organizations including the City of Dublin and Denmark's The Good Kitchen. Using design skills such as ethnography, visualization, storytelling, and experimentation, these managers produced innovative solutions to problems concerning strategy implementation, sales force support, internal process redesign, feeding the elderly, engaging citizens, and the trade show experience. Here they elaborate on the challenges they faced and the processes and tools they used, offering their personal perspectives and providing a clear path to implementation based on the principles and practices laid out in Jeanne Liedtka and Tim Ogilvie's *Designing for Growth: A Design Thinking Tool Kit for Managers*.*

6. Lubar, Kathy and Belle Linda Halpern. 2004. "Leadership Presence"

*For more than a decade, Belle Linda Halpern and Kathy Lubar have applied the lessons and expertise they have learned as performing artists to the work of their company, The Ariel Group. Halpern and Lubar have helped tens of thousands of executives at major companies around the country and the globe, including General Electric, Mobil Oil, Capital One, and Deloitte. In *Leadership Presence*, they make their time-tested strategies available to everyone, from high-profile CEOs to young professionals seeking promotion. Their practical, proven approach will enable you to develop the skills necessary to inspire confidence, command respect, build credibility, and motivate others. Learning the skills of the true performance experts, readers will understand why *Leadership Presence* is the key to dynamic and authentic leadership.*

7. Scharmer, Otto. 2007. "Theory U: Leading from the Future as it Emerges"

*In this ground-breaking book, Otto Scharmer invites us to see the world in new ways. Fundamental problems, as Einstein once noted, cannot be solved at the same level of thought that created them. What we pay attention to, and how we pay attention - both individually and collectively - is key to what we create. What often prevents us from attending is what Scharmer calls our blind spot, the inner place from which each of us operates. Learning to become aware of our blind spot is critical to bringing forth the profound systemic changes so needed in business and society today. First introduced in *Presence*, the U methodology of leading profound change is expanded and deepened in *Theory U*. By moving through the "U" process we learn to connect to our essential Self in the realm of presencing - a term coined by Scharmer that combines the present with sensing. Here we are able to see our own blind spot and pay attention in a way that allows us to experience the opening of our minds, our hearts, and our wills. This wholistic opening constitutes a shift in awareness that allows us to learn from the future as it emerges, and to realize that future in the world. *Theory U* explores a new territory of scientific research and personal leadership, one that is grounded in real life experience and shared practices. Scharmer shares much from his own personal and professional development, and draws from a rich diversity of compelling stories and examples. Readers will find themselves drawn to new ways of thinking and acting as they read, completing a parallel journey of exploration and discovery. The final chapters lay out principles and practices that allow everyone to participate fully in co-creating and bringing forth the desired future that is working to emerge through us.*

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8. Siegel, Daniel J. 2010. "Mindsight: The New Science of Personal Transformation"

From everyday stress to severe trauma, many obstacles to a full life can be overcome by developing what Dr. Daniel J. Siegel calls "mindsight," our ability to perceive the mind and literally redirect the flow of energy and information within our brains. Through this powerful capacity for insight and empathy, we can "rewire" crucial connections, create dynamic linkages, and open ourselves to relationships in a new way.

Based on thirty years of work with patients and on research drawn from nearly a dozen scientific fields, Mindsight brings these concepts alive through vivid case histories that show what happens when mindsight is missing, and how it can be strengthened in nine essential areas. Listeners of My Stroke of Insight or The Brain that Changes Itself will discover new ideas about memory, emotion, trauma and brain-mind integration - plus a richer sense of their own humanity.